# **NextED**CHALLENGE

## **Immersive Learning Program**

Through a summer camp experience, NextED Challenge provides young adults an opportunity to challenge their expectations of living on their own. Attendees participate in hands-on learning, interactive group activities, and community exploration.



# **Overnight Sessions**

#### Dates:

- June 23 June 27
- July 14 July 18

Location: Oak Hall at UMSL

**Drop-off Time:** Monday, 9 a.m.

Pick-up Time: Friday, 4 p.m.

## **Day Sessions**

#### **Dates:**

- August 4 August 8
- August 11 August 15

**Location:** Airbnb near Forest Park

Time: 9 a.m. - 4 p.m.

# **Real Life Skill Building**

NextED Challenge is for individuals ages 18-30 with intellectual and developmental disabilities. Each session focuses on the nine pillars of independent living:

Self-Determination
Tools of Independence
Personal Safety
Connection to Community Resources
Cooking and Nutrition
Leisure and Wellness
Managing Living Spaces
Money Management
Communication

# **Registration**

### **Program Fees**

- Overnight \$1000
- Day \$500

## **Registration Fees**

- Overnight \$100
- Day \$50

All individuals must complete an intake meeting prior to registration.

Please email nexted@slarc.org for more information or to register.

